

we can take you up to

17 TIMES EARTH'S GRAVITY

...our competition can't!

10
MINUTES

MORE RESULTS IN LESS TIME

In only 10-minutes strengthen, firm and energise your whole body. Safer, simpler and more efficient than lifting weights, the future of exercise is **high G-force** whole body vibration training.



SAFE FOR ALL AGES

Research shows that regular exercise on a sufficiently powerful vibration machine can improve the following:

- ✓ **BALANCE**
- ✓ **CIRCULATION***
- ✓ **BONE DENSITY***

**PLEASE
TAKE ONE**

FREE

"VIBRATION TRAINING IS A WAY TO AMPLIFY EXERCISE RESULTS WITH LESS TIME AND EFFORT!"

During intense exercise, the stimulus to your muscles, nerves and bones makes your body want to become stronger.

Vibration training is a way of amplifying that stimulus without increasing effort. As little as 10-minutes is all it takes to start firming and strengthening your body.

The key to a machine's effectiveness lies in its ability to:

- Stimulate the stretch reflex which makes muscles contract without your own effort.
- Increase the gravitational load on your body which makes muscles work harder than normal.

LOW G's TO SURVIVE, HIGH G's TO THRIVE

Whole Body Vibration was invented as a way to reverse the weakness and rapid degeneration Cosmonauts experience in the zero gravity of space. Simply put: 'zero gravity is bad, high gravity must be good?'; a theory validated. Vibration by itself offers little benefit to the body, higher than normal gravity must also be present. Although 2.5G's for 60-mins/day prevents muscle and bone wasting, standing in one place for an hour would hardly be an efficient use of your time and won't make you look or feel stronger.

LOOK BETTER

High intensity vibration training could be likened to a sprinter: *The training* - brief and intense. *The body* - sleek, powerful and graceful. High intensity exercise creates strong sleek bodies, low intensity exercise does not.

A Hypervibe is a genuine high



WHAT DOES IT TAKE TO MAKE A BETTER BODY?

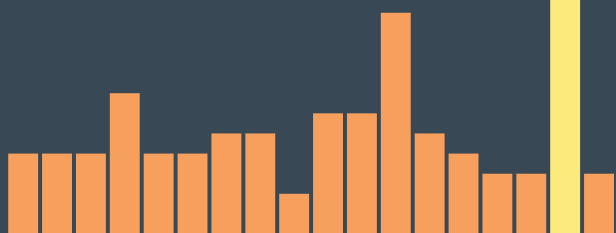
If you've ever tried to strengthen and firm your body by lifting weights you'll know using light weights won't work. To make the body respond it takes high intensity; brief workouts, high resistance. The same appears to be true of Whole Body Vibration. While balance, circulation and bone density may be improved with low G-force exercise, it requires brief workouts with higher G-force exercise to re-shape your body and improve strength. A review of the literature shows that G-forces of between 14 and 20G's support improvements in strength, power and flexibility.

Numerous independent tests have shown that most vibration machines produce much less than 14G's, in fact the average output of 17 different machines tested in Australia during 2010 was 4.6G's. A pleasant massage perhaps but not the right stimulus to firm or strengthen.

G-FORCE SCORECARD

see hypervibe.com.au for details

HYPERVIBE



POWER YOU CAN FEEL

Hypervibe is an independently verified high output device capable of generating 17G's of G-force. When you stand on a Hypervibe machine operating at high output, it is a unique feeling. It should not require a sales person's assurance that your muscles are working harder than normal - you should feel it.

FASTER

intensity machine capable of making your muscles work under 17G's of G-force. With a workload that high, 10-minutes is enough to get results you can see. It's safe, feels great and can be done at home making it a time efficient way to create a body that looks and feels better fast, regardless of your age or initial fitness level.

Remember to eat well and drink filtered water!



INVEST IN A HIGH PERFORMANCE HYPERVIBE AND A WORLD OF HEALTH POSSIBILITIES ARE YOURS.

Consult a qualified practitioner before beginning a new exercise regime.

- ✓ INCREASE MUSCLE POWER & STRENGTH
- ✓ INCREASE MUSCLE TONE
- ✓ PROMOTES BETTER CIRCULATION*
- ✓ HELPS MAINTAIN BONE DENSITY*
- ✓ HELPS RESTORE GOOD BALANCE
- ✓ PRE-SPORT WARMUP TO IMPROVE PERFORMANCE AND PREVENT INJURY
- ✓ AFTER-SPORT RECOVERY AID



* Stretching and exercise increases blood flow to your muscles. Muscle pulling on bone and weight-bearing exercise builds denser, stronger bones.

PERFORMANCE

RRP **\$2195**

Finally, a machine
with **POWER** you
can really feel!



HYPERVIBE.COM.AU 1300 825 611

SPECIFICATIONS

Frequency Range	6 – 28Hz
Amplitude	11mm (peak to peak)
G-force Capability	0.8 – 17.4
Display Type	LCD - real frequency shown
Vibration Method	Pivotal
Motor	900W DC
Programs	Manual + 4 Auto Modes
Machine Weight	48Kg
Max User Weight	180Kg
Platform Dimensions	56.5cm W x 36.5cm D
Machine Dimensions	76cm W x 64cm D x 140cm H
Warranty	3 year onsite



FEATURES

- Comprehensive User Guide
- Interactive DVD
- 12 months physio support
- Four frequency specific programs
- Anti-jamming and anti-static with current overload protection
- Soft-grip ergonomic handles for comfortable support
- Anti-slip rubber mat
- Rear wheels for easy moving
- Spring loaded vibration absorbing feet
- Upper body resistance bands

Hypervibe
helps improve
flexibility

